
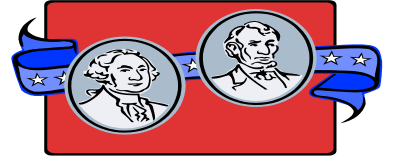


Monday	Tuesday	Wednesday	Thursday	Friday
	<div>FEBRUARY 2013</div>			8:30 Tai Chi-Room E/W 9:00 Yarn Spinners-Room 1 9:15 Movie: "The Perfect Game" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch 11:45 Podiatrist-By appointment <div>OPEN 8:00AM-1:00PM</div>
9:00 Balance & Mobility-Room A/B 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 10:00 Adapted Fitness-Room A/B 11:45 Lunch 12:15 Bridge-Room 10 12:30 Adapted Fitness-Room A/B 12:30 Life Story Writing II-Room 5 12:45 Bingo 1:00 Beginning Computer-Room 11 1:30 Intro To Dance Aerobics-E/W Room	7:30 Chess Club-Room 1 8:30 ESL-Room 5 9:30 Stretch and Flex-E/W Room 10:00 Manicures and Haircuts-West Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-E/W Room	8:00 Health Assessment 8:00 Balance & Mobility-E/W Room 9:00 Yarn Spinners-Room 1 9:30 Tax Preparation-Room 10/11 9:30 Life Story I-Room 5 10:00 Adapted Fitness-E/W Room 11:00 Health Talk- Understanding Cholesterol-DR 11:45 Lunch 12:00 Mexican Train Dominos-Room 10 12:30 Adapted Fitness-E/W Room 12:45 Bingo	8:30 ESL -Room 5 8:30 Safety Driving Class-Room 3/4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-E/W Room 10:30 Dance Aerobics 3-E/W Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-E/W Room 2:45 Dance Aerobics 2/3-E/W Room	8:30 Tai Chi-Room E/W 8:30 Safety Driving Class-Room 3/4 9:00 Yarn Spinners-Room 1 9:15 Movie: "Bye Bye Birdie" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch W.O.W. Trip to Trader Joes
9:00 Balance & Mobility-Room A/B 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 10:00 Adapted Fitness-Room A/B 11:45 Lunch 12:15 Bridge-Room 10 12:30 Adapted Fitness-Room A/B 12:30 Life Story Writing II-Room 5 12:45 Bingo 1:00 Beginning Computer-Room 11 1:30 Intro To Dance Aerobics-E/W Room	7:30 Chess Club-Room 1 8:30 ESL-Room 5 9:00 Legal Aid by Appointment 9:30 Stretch and Flex-E/W Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-E/W Room <div>10:00AM DINING ROOM Mardi Gras Celebration</div>	8:00 Health Assessment 8:00 Commodities-Room 5 8:00 Balance & Mobility-E/W Room 9:00 Yarn Spinners-Room 1 9:30 Tax Preparation-Room 10/11 9:30 Life Story I-Room 5 10:00 Adapted Fitness-E/W Room 11:45 Lunch 12:30 Bunco-Room 10 12:30 Adapted Fitness-E/W Room 12:45 Bingo	8:30 ESL-Room 5 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-E/W Room 10:30 Dance Aerobics 3-E/W Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-E/W Room 2:45 Dance Aerobics 2/3-E/W Room	8:30 Tai Chi-Room E/W 9:00 Yarn Spinners-Room 1 9:15 Movie: "On A Clear Day" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch <div>OPEN 8:00AM-1:00PM</div>
CLOSED President DAY 	7:30 Chess Club-Room 1 8:30 ESL-Room 5 9:30 Stretch and Flex-E/W Room 10:00 Attorney by Appointment 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-E/W Room Taste of L.A. Tour	8:00 Health assessment 8:00 Balance & Mobility-E/W Room 9:00 Yarn Spinners-Room 1 9:30 Tax Preparation-Room 10/11 9:30 Life Story I-room 5 10:00 Diabetes Support Group-Room 5 10:00 Adapted Fitness-E/W Room 11:45 Lunch 12:00 Mexican Train Dominos-Room 10 12:30 Adapted Fitness-E/W Room 12:45 Bingo	8:30 ESL-Room 5 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-E/W Room 10:30 Dance Aerobics 3-E/W Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-E/W Room 2:45 Dance Aerobics 2/3-E/W Room Trip to Valley View Casino	8:30 Tai Chi-E/W Room 9:00 Yarn Spinners-Room 1 9:15 Movie: "The Grace Card" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch
9:00 Balance & Mobility-Room A/B 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 10:00 Adapted Fitness-Room A/B 11:45 Lunch 12:15 Bridge-Room 10 12:30 Adapted Fitness-Room A/B 12:30 Life Story Writing II-Room 5 12:45 Bingo 1:00 Beginning Computer-Room 11 1:30 Intro to Dance Aerobics-E/W Room	7:30 Chess Club-Room 1 8:30 ESL-Room 5 9:30 Stretch and Flex-E/W Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-E/W Room	8:00 Health Assessment 8:00 Balance & Mobility-E/W Room 9:00 Yarn Spinners-Room 1 9:30 Tax Preparation-Room 10/11 9:30 Life Story I-Room 5 10:00 Adapted Fitness-E/W Room 11:45 Lunch 12:30 Bunco-Room 10 12:30 Adapted Fitness-E/W Room 12:45 Bingo	8:30 ESL-Room 5 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-E/W Room 10:30 Dance Aerobics 3-E/W Room 11:00 Birthday Lunch 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-E/W Room	<div>All dates, times and locations on this calendar are subject to change. Not all activities may be</div>